



SKY POINT

SOCIAL SERVICES

Inside This Issue:

P 2

Upcoming
Events

P 2

New Services:
Understanding
the Impact of
Wraparound

P 3

New Faces

P 4

Client's Corner
"EMPLOY[ABLE]":
Tyler Keller

Plus:

[GET OUT FORT WAYNE]
pg. 3

For More
Information
Visit us Online At
SkyPointIndiana.com



WE RISE BY LIFTING OTHERS

SPRING 2019

JOIN US IN THE EAST WING



Sky Point was thrilled to host a grand opening for a new client/staff centered space, The East Wing, on January 25, 2019. The new space provides a recreational setting for staff and clients to interact with each other, as well as peers. The East Wing boasts the following amenities:



- 70" TV with Wii and Xbox 360
- Movies
- Board Games & Puzzles
- Basketball Hoops
- Sensory Room
- Sky Point Merchandise Store
- Portrait Studio



In addition to being available for leisure activities during our regular business hours, The East Wing is happy to host movie nights, game nights, support groups, educational seminars, and CPR classes (available to the general public for \$45.00/person).

*Check us out on [Facebook](#) or contact our office for details on upcoming events.



HELP US HELP YOU!

One of Sky Point's beliefs is Continuous Improvement! We strive to provide good quality services and it is through your feedback that we are able to do this. We encourage you to give us suggestions on how we can provide better services as we work hard to help all of our clients reach for the SKY! We also encourage you to give us positive feedback, hearing these success stories motivates us to continue to do what we love to do, serving you! Complete the Sky Point Satisfaction Survey [here](#) or contact the office for a paper copy. We truly appreciate your feedback.

April

Movie Night: Max

Friday, April 12
5:30 pm to 7:30 pm
The East Wing
Clients and staff are invited to join us for a movie, snacks, and beverages.



Sky Point Easter Egg Hunt

Thursday, April 18
4 pm to 6 pm
The East Wing



Our Children Our Future Resource Fair & Family Fun Night

Thursday, April 25
12:30 pm to 2:30 pm (Resource Fair)
4 pm to 7 pm (Family Fun Night)
The Summit
1025 W Rudisill Blvd.

May

Movie Night:

The Princess & The Frog

Friday, May 10
5:30 pm to 7:30 pm
The East Wing
Clients and staff are invited to join us for a movie, snacks, and beverages.



Game Night: BINGO

Friday, May 24
4 pm to 6 pm
The East Wing



June

Movie Night:

Toy Story 2

Friday, June 14
5:30 pm to 7:30 pm
The East Wing
Clients and staff are invited to join us for pizza, snacks, and a movie! Catch up with Woody, Buzz, and all of our Playskool Pals in preparation for a special Toy Story 4 outing this summer!



Game Night: Mario Kart Tournament & Board Games

Friday, June 28
4 pm to 6 pm
The East Wing



NEW SERVICES UNDERSTANDING WRAPAROUND: JOEY'S STORY

A CRY FOR HELP

Abuse. Neglect. Displacement. In only 8 short years Joey has been through more than most can imagine. At the age of 5 he was removed from the only home he had ever known, away from abusive parents, and placed with his grandmother. The adjustment was rough. And while his physical wounds healed over the course of a few weeks, the emotional scars were still very present three years later. Joey struggles to sleep at night and is often awoken by nightmares. He battles anxiety daily, has little understanding of his own fears, and trusts no one. As a result of all of this, Joey struggles to build relationships. He isolates himself from peers and becomes agitated when confronted by authoritarian figures. Despite his intelligence, his grades are failing. He has little to no control over his emotional outbursts during times of stress both at school and at home.

REACHING OUT

Over the last three years Joey's grandmother has tried desperately to give him a happy, healthy, "normal" childhood. She provides stability, a warm nurturing home, and tries to get him involved in the community, but she feels helpless as she watches Joey struggle. Recognizing that she and Joey may need additional help, she schedules an appointment with a family therapist and Joey is referred to a psychiatrist to address some of his symptoms. Joey is diagnosed with Post Traumatic Stress Disorder (PTSD) and Attention Deficit Disorder (ADD). Joey's grandmother is overwhelmed with all of the information that she is provided at the appointment and is unsure of what she can do to help Joey at home. The psychiatrist recommends that she reach out to [Crossroad Child & Family Services](#) to inquire about Wraparound Services.

A HELPING HAND

Joey's grandmother contacts Crossroads and completes the intake process- reviewing Joey's history and psychological evaluations, completing the Child and Adolescent Needs and Strengths (CANS) assessment, and going over Medicaid/insurance information with the intake specialist. Upon completion, Joey is assigned a Wraparound Facilitator who will help determine the family's needs, goals, and desires as well as create a support plan centered around the family's values, culture, and beliefs. The facilitator will provide Joey and his grandmother the support they need to select a service provider from the pick-list and will continue to work with the family to ensure that needs are being met even after services are started.

A BRIGHTER FUTURE

Joey and his grandmother have been receiving assistance for a few months now. Joey's Habilitation Facilitator works with him on learning a variety of coping and social skills through coaching, role play, modeling, redirection, and praise. His grandmother has received additional training in caring for Joey and how to handle his needs and behaviors in a way that works better for both of them. Joey is doing better than ever in school, and has become more involved with his peers- even making neighborhood friends! He still has rough days once in a while, but the help that the family has received has had a significant impact on Joey and his grandmother and has given them hope for a much brighter future!

**Please see the 'Wraparound Service' insert for additional details on how Sky Point can help your family through the Wraparound process.*

NEW FACES WELCOME TO THE TEAM



CHELSEA WATERS

Receptionist

Chelsea is a Fort Wayne native and graduate of Carroll High School. She comes to Sky Point with several years of customer service experience. In addition, she is a professional hair dresser, a mother to two fur babies- a Golden Retriever and a cat, and has a three year old little boy. She enjoys spending her time outside of work with her son at the parks, splash pads, and the [Fort Wayne Children's Zoo](#). Chelsea's friendly demeanor and warm smile are a valuable asset to our team!



CATHY ROBERTS, BS

Employment Specialist

Cathy is a North Side High School alumni and earned her Bachelor's Degree in Organizational Studies at Tusculum University. She brings with her many years of experience as an HR Director for a home health aid agency- giving her a unique perspective as a former employer. In her spare time, Cathy enjoys reading and spending time with her Chihuahua and Miniature Schnauzer. But of all of the joys in her life, her two children and five grandchildren make the top of the list.



BRITTNEY COLLINS, BA

Director of Behavior Management

Brittney has a Bachelor's Degree in International Studies from Butler University and is currently enrolled in WGU's MBA program. Brittney comes to Sky Point with several years of experience as a child and family program director at a foster care agency in Fort Wayne. Outside of the office Brittney is a wife, a mother to three beautiful children, and has a cat and two pet turtles. She describes her family as "concession stand family" during baseball season. Die-hard Cubs fans with a passion to play, she and her family are ready for the warm weather! Brittney has a passion for helping children and families as well as supporting those who work in the field by nourishing healthy relationships.



JENA REJAK, MS

Director of Wraparound Services

Jena has a Master's Degree in Psychology with a specialization in Applied Behavior Analysis. She also has a Bachelor of Arts in Music with a specialization in Music Therapy. Jena's experiences in the field include being a Waiver Case Manager where she developed and updated person-centered plans for individuals on the Medicaid Waiver. She is certified in Crisis Prevention Intervention and Mandt Technique. Recently Jena received her QPR (Question Persuade Refer) certification as well, providing her with the skills to identify and properly guide vulnerable youth and families to suicide prevention resources. In her spare time Jena enjoys participating in [Isaiah's Vision](#) praise band, taking her Australian Shepherd for car rides, and going to movies with her husband.

GET OUT FORT WAYNE

SCIENCE CENTRAL: AWS FOUNDATION SPECIAL ABILITIES DAYS

PRESENTED BY [AWS FOUNDATION](#)
AND [SCIENCE CENTRAL](#)

FREE TO MEMBERS OF THE COMMUNITY WITH
SPECIAL ABILITIES WITH [PRE-REGISTRATION](#)

Through the generous support of the AWS Foundation, Science Central hosts AWS Foundation Special Abilities Days, providing fun science education for members of the community with intellectual and developmental disabilities.

Tuesday, April 16: 10 a.m. - 4 p.m.*

Sunday, June 23: 12 - 5 p.m.

Saturday, Aug. 17: 10 a.m. - 5 p.m.

Tuesday, Sept. 24: 10 a.m. - 4 p.m.*

Saturday, Nov. 9: 10 a.m. - 5 p.m.

Tuesday, Dec. 10: 10 a.m. - 4 p.m.*

*closed to the public



NORTHSIDE POOL OPEN SWIMS

For Children with Disabilities or Special Needs

Mondays from 5:15-6:15 p.m.
beginning June 10

No pre-registration is required. The swim is **FREE**. Please check in before entering the pool. A parent must accompany each child in the water.



FORT WAYNE
PARKS AND
RECREATION

YMCA ADAPTIVE PROGRAMS

The [YMCA of Greater Fort Wayne](#), in partnership with the [AWS Foundation](#), promotes and provides access for all individuals to lead a healthy lifestyle, which includes those with

special needs and diverse abilities. By building on our mission "for all", the Y offers all individuals the chance to participate in healthy activities where everyone can learn skills, be active, gain confidence, build friendships and have FUN!

[Check out a list of Adaptive Programs and register by visiting \[www.fwymca.org\]\(http://www.fwymca.org\)!](#)





SKY POINT SOCIAL SERVICES

www.SkyPointIndiana.com

9434 Lima Road, Suite C
Fort Wayne, IN 46818

p: 260.492.9334

f: 260.553.7063

info@skypointindiana.com

Office Hours : M-F 8am-5pm

OUR FOCUS:

Sky Point Social Services aims to provide services to clients with developmental, intellectual, and emotional health needs. Sky Point serves children, teens and adults.

OUR MISSION:

Sky Point Social Services is committed to support individuals with ALL abilities in reaching their fullest potential by providing the care and services that will enable them to live enriching lives in the communities where they are valued and respected for their abilities and contributions.

OUR BELIEFS:

- We believe in empowering our employees and the clients we serve.
- We believe in treating everyone with respect and dignity.
- We believe in continuous improvement.
- We believe in people and their dreams.
- We believe in reaching for the sky!

OUR PROGRAMS:

- Supported Living
- Employment Services
- Behavior Management
- Community Mental Health
- Wraparound Services (CMHW)



CLIENT'S CORNER

EMPLOY[ABLE]: TYLER KELLER



Your alarm goes off at 6 am. You roll out of bed and scramble to shower, get ready for the day, have breakfast, and head to work. This is a normal morning for many of us here and probably for many of you reading this. But for those who live in a world that struggles to see past a diagnosis, this scenario might not play out so easy. According to the Bureau of Labor Statistics, the unemployment rate for individuals living with a disability is 8%, making it more than twice that of those who live without a diagnosis. Fortunately, our community is full of resources to assist with narrowing the unemployment margin.

For our friend, Tyler Keller, being in crowds or surrounded by strangers can be extremely overwhelming. His need for a quiet, familiar, and structured environment created a challenge when looking for work. But with a lot of persistence and a little help from Sky Point Employment Specialist, Jenna Markley, Tyler was able to land TWO jobs doing what he loves- cleaning! We met with him at [Science Central](#) where he helps clean and sanitize all of the toys, equipment, and surfaces that the children come in contact with. Tyler stated that he has always enjoyed cleaning. It gives him a sense of accomplishment and he enjoys listening to his favorite Christian Rock bands while he works.

While observing, we also took the time to speak with Jenna about her experience as Tyler's Employment Specialist. It was clear that Tyler needed very little guidance on the job. Jenna indicated that many clients are completely capable of performing their job duties with little to no help, but much of the employment struggle comes from barriers with stereotypes. As an Employment Specialist she believes that is her job to break down those stereotypes, to educate employers, and to empower the individuals she serves.

Any individual diagnosed with an emotional, intellectual or physical disability may be eligible for Employment Services. The program is completely separate from Waiver and not dependent on SSI. The process is as simple as reaching out to the [Vocational Rehabilitation Services office closest to you](#) and completing the application. Upon approval, the applicant is provided a pick-list. Sky Point is proud to be one of many service providers included on that list. And we believe that our greatest success is yours!

LET SKY POINT STAFF YOU AND EARN TAX CREDITS

Sky Point is always looking to engage our community with those we serve. If you are a business who is willing to partner with us, there are several perks besides the obvious joys that come with working alongside our clients. There is a tax credit when hiring an individual with disabilities, and additional credits are available if special accommodations are made for these employees.



SKY POINT

SOCIAL SERVICES

WRAPAROUND SERVICES

WHAT IS WRAPAROUND?

Indiana Medicaid offers coverage for the Child Mental Health Wraparound (CMHW) home and community based services (HCBS). This program provides services to youth ages 6-17, who have a diagnosis of Serious Emotional Disturbance (SED). Sky Point Social Services CMHW program works together with families and their children incorporating members of the home, schools, and community to create a stable and consistent support system.

THE 10 PRINCIPLES

- Family Voice & Choice
- Team Based
- Natural Supports
- Collaboration
- Community-Based
- Culturally Competent
- Individualized
- Strengths Based
- Persistence
- Outcomes Based

OUR PROCESS

The wraparound process is done on an individual basis. Our approach is centered around the family's needs, goals, culture, and values. Our strategies are based on the strengths and natural supports provided within each family.

A person-centered treatment plan is built upon the individual and family strengths to identify the following:

- The unique needs of the CMHW individual.
- Services and strategies to assist the individual and family in achieving positive life outcomes.

WHY SKY POINT?

- Our Wraparound Service Providers have at least three years of experience working with or caring for children with serious emotional disturbances (SED) and are committed to the belief that all people have the right to dignity, respect, opportunity and full community inclusion.
- We are a family-first organization with a client-centered approach.
- We focus on your family's strengths and natural supports.

SERVICES OFFERED

- Habilitation
- Training and Support for the Unpaid Caregiver
- Respite

